

Concussion

Signs & Symptoms

Summary

Concussion signs and symptoms are the brain's way of showing it is injured and not functioning normally. Concussions signs are what someone could observe about you, concussion symptoms are the things you are feeling.

Common concussion signs



- Loss of consciousness
- Problems with balance
- Glazed look in the eyes
- Amnesia
- Delayed response to questions
- Forgetting an instruction, confusion about an assignment or position
- Inappropriate crying
- Inappropriate laughter
- Vomiting

Cognitive concussion symptoms



- Difficulties with attention
- Memory problems
- Loss of focus
- Difficulty multitasking
- Difficulty completing mental tasks

Physical concussion symptoms



- Headache
- Light-headedness
- Dizziness
- Nausea
- Sensitivity to light
- Sensitivity to noise

Sleep concussion symptoms



- Sleeping more than usual
- Sleeping less than usual
- Having trouble falling asleep

Emotional concussion symptoms



- Anxiety/panic attacks
- Depression
- Anger/aggression